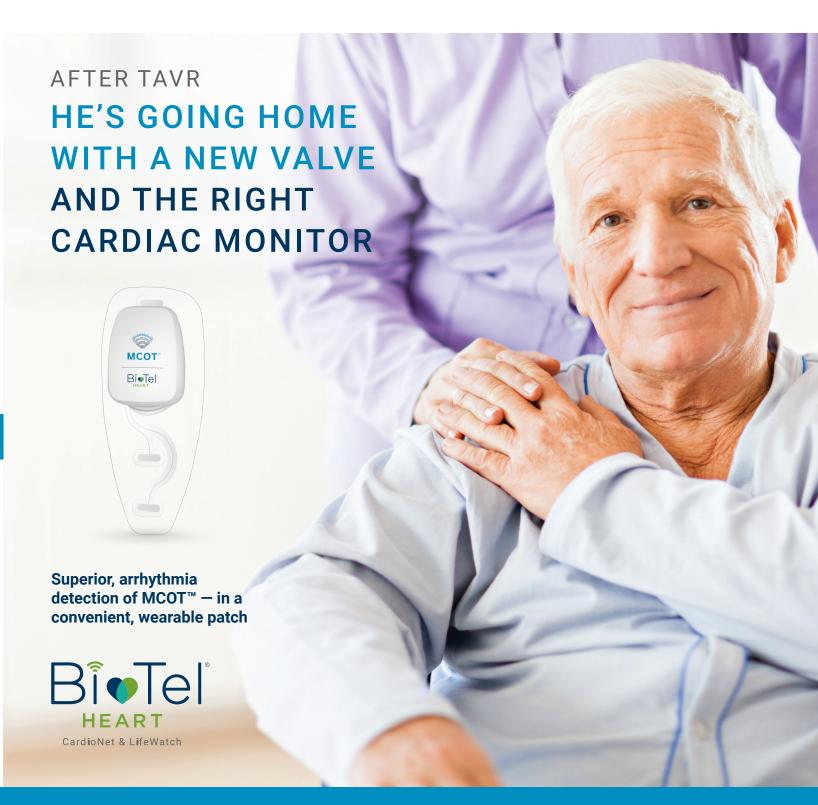


MOBILE CARDIAC OUTPATIENT TELEMETRY



# **HEART BLOCK AFTER DISCHARGE**

#### IN PATIENTS UNDERGOING TAVR WITH LATEST-GENERATION VALVES

### **Case Study:**

### Implementing Routine Use of Near Real-Time Cardiac Monitoring Post-TAVR

#### During the Pilot Study...

Patients undergoing index TAVR at our institution from October 2016–May 2017, without a preexisting pacing device and without pre-discharge high-grade atrioventricular block (H-AVB) necessitating permanent pacemaker (PPM) implantation, were discharged with 30-day mobile cardiac telemetry (MCT). Baseline, procedural, and follow-up data were collected, comparing those with and without subsequent need for post-discharge PPM.<sup>1</sup>

#### Results.

Among 59 patients undergoing TAVR, 11 had prior PPM or implantable cardioverter defibrillator (ICD), and 6 required pre-discharge PPM implant for H-AVB; 40 were discharged with 30-day mobile cardiac telemetry. Six (15%) developed H-AVB (3 Mobitz II second-degree AVB, 3 complete AVB) at a median (range) of 5 (4-24) days post-TAVR.<sup>1</sup>

#### Conclusion...

Delayed high-grade atrioventricular block occurred in 15% of patients discharged after TAVR and was identified as late as 24 days post-discharge.<sup>1</sup>

# Characteristics of patients discharged following TAVR with mobile cardiac telemetry based on need or lack of need for permanent pacemaker (PPM) implantation<sup>1</sup>

	No Pacemaker N=34	Post Discharge Pacemaker N=6	P-value
Age, years	79.3 ± 7.1	78.0 ± 8.1	0.69
Male, n (%)	20 (50)	5 (83)	0.20
TAVR type			
Sapien3	20 (59)	4 (67)	1.00
Evolut-R	14 (35)	2 (33)	1.00
Baseline ECG			
Normal	24 (71)	2 (33)	0.16
RBBB	0 (0)	2 (33)	0.02
LBBB	3 (9)	0 (0)	1.00
Bifascicular Block	1 (3)	0 (0)	1.00
IVCD	1 (3)	2 (33)	0.05
Discharge ECG			
Normal	12 (32)	1 (17)	0.65
RBBB	1 (3)	2 (33)	0.06
LBBB	19 (56)	1 (17)	0.18
Bifascicular block	1 (3)	0 (0)	1.00
IVCD	1 (3)	2 (33)	0.02
Change from Baseline Conduction at Discharge	18 (53)	2 (33)	0.40

Continuous data are reported as mean ± standard deviation, and proportional data are reported as N (%).

Abbreviations: TAVR = transacrtic valve replacement; RBBB = right bundle branch block; LBBB=left bundle branch block, IVCD = interventricular conduction delay; Pre-DC PPM = Pre-Discharge Permanent Pacemaker

"Heart block after transcatheter aortic valve replacement (TAVR) continues to be a concerning complication—requiring pacemaker implantation, necessitating long-term device monitoring, and contributing to higher 30-day mortality<sup>2</sup>"

# MCOT™ MOBILE CARDIAC OUTPATIENT TELEMETRY

#### CARDIAC MONITORING SOLUTION FOR POST-TAVR PATIENTS

### Simple to Use. Easy to Wear.

- Small, lightweight patch and sensor (< 1 oz)</li>
- Water-resistant patients can shower or exercise
- · Easy-to-use touchscreen, with built-in patient diary
- No battery changes or daily sensor charging required
- · Multi-language capability
- Simple set-up process can be shown to patient post-discharge
- · Flexible enrollment process with customizable notifications

# **Near Real-Time Wireless Transmission. For Rapid Notification and Diagnosis.**

- · Notification of emergent and urgent events
- Bluetooth-enabled data transfer
- Two channels of ECG data
- Up to 30 days of continuous monitoring and data storage
- Certified Cardiac Technicians at BioTel Heart review data and contact physician and/or patient per physician-approved criteria

# **Proprietary MCOT Algorithm. Unsurpassed Arrhythmia Detection.**

- Only monitoring device proven to detect atrial fibrillation
  with 100% sensitivity and 100% positive predictivity in the detection
  of ≥30-second AF episodes\*
- Automatic detection with rate, rhythm, AF with p-wave analysis and QRS morphology algorithm
- Wireless transmission







MCOT is contraindicated for use in patients with life-threatening arrhythmias who require inpatient monitoring.

<sup>\*</sup> Based on MIT-BIH (Massachusetts Institute of Technology-Beth Israel Hospital) Arrhythmia Database testing of ≥30-second AF episodes. (FDA 510k submission)

# MCOT PATCH

MOBILE CARDIAC OUTPATIENT TELEMETRY

## CONVENIENTLY SUPERIOR

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#### CPT Codes<sup>†</sup>

Technical: 93229 Professional: 93228

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Example Patie

**BioTelemetry** 















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References: 1. Ream K, et al. Use of Ambulatory Event Monitoring in Identifying Patients With Delayed Presentation of High-Grade Atrioventricular Block Following Transcatheter Aortic Valve Replacement, American Heart Association abstract, 2018 (Results and claims adapted from study). 2. Fadahunsi OO, Olowoyeye A, et al. Incidence, Predictors, and Outcomes of Permanent Pacemaker Implantation Following Transcatheter Aortic Valve Replacement: Analysis From the U.S. Society of Thoracic Surgeons/American College of Cardiology TVT Registry. J Am Coll Cardiol Intv. 2016;9(21):2189-99.

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